|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Date** | **Time** | **Distance** | **Steps** | **Notes** |
| **Sunday**May 6th  |  |  |  |  |
| **Monday**May 7th  |  |  |  |  |
| **Tuesday**May 8th  |  |  |  |  |
| **Wednesday**May 9th  |  |  |  |  |
| **Thursday**May 10th  |  |  |  |  |
| **Friday**May 11th  |  |  |  |  |
| **Saturday**May 12th  |  |  |  |  |

Weekly Walking Log

Future Goals: